Saturday, June 20, 2026, Sonoma Valley High School, 20000 Broadway, Sonoma

7:30am Silverbacks
8:00am Check In
8:30am Referee/Judge/Officials Meeting
8:45am Poomsae Staging
9:00am Poomsae Competition (Forms)

12:00pm Opening Ceremony/Lunch/Dems
(immediately after Poomsae):
- Kyorugi Staging
- Kyorugi Competition (Sparring)
(immediately after Kyorugi):
- closing ceremonies

PLEASE READ CAREFULLY, INCLUDE ALL INFORMATION AND PLEASE PRINT OR TYPE

NAME:_____ **PHONE: ( )**_____ **E-MAIL:**_____

HOME ADDRESS:_____
Street CITY STATE ZIP CODE

DATE OF BIRTH:_____**(mm/dd/yyyy)** **Gender:**____ **WEIGHT:**_____**lbs.** **Height:**_____

BELT COLOR:_____ **RANK: (KUP)**____ **(DAN)**____ **Do you currently have health insurance: (Yes)**___ **(No)**__

CLUB/SCHOOL NAME:_____ **PHONE: ( )**_____

CLUB/SCHOOL ADDRESS:_____ **INSTRUCTOR'S NAME:**_____
Street City State Zip

CHECK EVENT(S) YOU WISH TO ENTER:

[ ] POOMSAE
[ ] KYORUGI

EVENT FEES: one event $80, two events $90

I hereby submit this registration and liability waiver form to participate in the Sonoma Invitational Taekwondo Championship 2026. I certify that the above information is true and correct and hereby release, discharge and waive any and all responsibility of The Sonoma School of Martial Arts (Hwa Rang Kwan Sonoma), the Northern California Taekwondo Association, Grandmaster Robert Morey, the tournament organizing committee, tournament directors, referees, instructors, coaches, medical staff, and other competitors from liability for an injury, including death, and for damage to or loss of property which may be suffered by myself arising out of, or in any way resulting from or attributing in whole or in part to my traveling to, training for, being coached in, using any sports equipment, or participating in the Sonoma Invitational Taekwondo Championship 2026.

PARTICIPANT'S SIGNATURE_____ **DATE**_____

PARENT/LEGAL GUARDIAN SIGNATURE_____ **DATE**_____

Mailing Address: Robert Morey, 4175 E. Third Avenue, Napa, CA 94558